

Applied Kinesiology Seminars Basic Course of Instruction 2024

- Muscle and facial chains
- Cranial/sacral treatment
- An introduction to orthomolecular medicine
- Integration of movement and learnt reflex patterns



- **Weekend 1 – 5/6 Oct 2024** – Treating the whole person, the principles of Applied Kinesiology and manual muscle testing, systemic structural problems (cranial and pelvic faults) and an introduction to assessing muscle chains.
- **Weekend 2 – 2/3 Nov 2024** – Treating the whole person, advanced cranial faults, the diaphragm, local spinal problems. Integrating movement patterns and muscle chains
- **Weekend 3 – 30 Nov/01 Dec 2024** – Treating the whole person, systemic inflammation, stress reactions and the glandular / hormonal system.

Price:

- 450.00 per weekend
- Full course discount 1200 for all 3 weekends paid in advance before the start of 1st weekend.

Timings:

- Saturday: welcome from 08.30, start at 09.00, finish 17.00
- Sunday: welcome from 08.30, start at 09.00, finish 16.00

Location: Gelderland, Netherlands

Basic lunch provided – if you have any allergies, please let us know at least a week in advance. Thank you.

**For more information or to register contact Sharon Townhill
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